

# Lois Ann Parri

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## Summary

ESRC CAM-DTP PhD Researcher in Psychology at the University of Cambridge, with experience across digital mental health, evidence synthesis, PPIE, qualitative and quantitative methods, research coordination, and person-centred psychological research.

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## Education

### PhD Psychology

*University of Cambridge | Oct 2025 - present*

- ESRC CAM-DTP fully-funded PhD Researcher in the [Brain, Language and Bilingualism Lab](#), Department of Psychology, supervised by Dr Mirjana Bozic.
- Conducting a systematic review of predictors of adolescent additional-language learning.
- Running an Adolescent Advisory Group to embed young people's perspectives into the research.
- Supporting the development of a psychology-led adaptive digital language-learning tool, with a focus on accessibility, engagement, and real-world usefulness.
- CAM-DTP Student Engagement Officer, supporting community-building across the cohort.

### MSc Clinical and Health Psychology, Distinction

*Bangor University | Sep 2020 - Sep 2021*

- Achieved a distinction (86%) in my dissertation, a qualitative study exploring the impact of teletherapy on the therapeutic alliance during COVID-19, using semi-structured interviews.
- Notable modules: Research Methods Skills (94%), Advanced Research Methods (77%).

### BSc Psychology with Clinical Psychology, First-Class Honours Grade

*Bangor University | Sep 2017 - Jun 2020*

- Achieved a first-class mark (74%) in my dissertation, a quantitative cross-sectional survey study examining the effects of an art intervention on stress and wellbeing.
  - Notable modules: Research Methods I (69%), Research Methods II (73%), Research Methods III (83%), Research Methods IV (84%), Aspects of Clinical Psychology (77%).
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## Employment

### Research Assistant on the [CONNECT Digital Study](#)

*King's College London | Jul 2023 - Jun 2025*

- Large trial using electronic devices (e.g., smartphones, smartwatches) to predict psychosis relapse.
- Recruited service users for 12-month participation to target, supported participants through regular check-ins, conducted three-monthly assessments, wrote adverse event reports, and completed relapse assessments.
- In addition to my main role:
  - Extracted and cleaned data for a systematic review of syndemics in psychosis.
  - Analysed and cleaned data for an MRS spectroscopy study.
  - Coordinated SLAM's Remote Cognitive Clinic.

**Research Assistant on the [Biomedical Research Centre PPIE Theme](#)  
SLaM NIHR | Mar 2023 - Jul 2023**

- Coordinated South London and Maudsley NHS's research registry, [Consent for Contact](#).
- Provided clinical staff and researcher training, produced uptake reports, managed the mailbox, and supported studies with PPIE.
- Contributed to various projects, including a study on services within NHS Talking Therapies.

**Research Assistant on the [Remote Cognitive Remediation Study](#)  
King's College London | Jan 2022 - Mar 2023**

- Evaluated service-user acceptability of remote delivery of cognitive remediation for psychosis.
- Recruited 26 participants for semi-structured interviews and conducted reflexive thematic analysis.
- Lead author of the resulting qualitative paper on remote cognitive remediation acceptability.
- Led service-user advisory panels to facilitate patient and public involvement in research design, analysis, and dissemination.
- Created and disseminated digital inclusion resources for service users.
- In addition to my main role:
  - Contributed to a DClinPsy project investigating Patient Reported Outcome Measures, including literature review, PPI coordination, and analysis.
  - Technical Lead for [CIRCuiTS™](#), overseeing UAT, developer liaison, and marketing strategy.

**Research Consultant  
Freelance | Mar 2021 - Present**

- Advised on and supported the dissemination of lived-experience methods for a minority-language project funded by the [Welsh Government](#).
- Facilitated post-show discussion groups with theatre audiences and one-to-one interviews to support future productions on themes of anti-psychiatry for [Covered in Jam Productions](#).
- Led patient-centred linguistic research projects as a Senior Consultant for [Gibson Research Consultancy](#), by conducting cognitive debriefing interviews, completing concept elaboration reports, and training and managing other junior consultants.

**Research Assistant on the [RILL Study](#)  
Bangor University | Nov 2020 - Jan 2021**

- Supported a multi-site project on remote teaching of literacy and numeracy skills in children.
- Transcribed and coded 200+ hours of audio recordings and filmed lesson materials.

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## Teaching

- Delivered Psychology and Behavioural Sciences teaching through the Cambridge Higher Aspirations Scheme, including five supervisions and a final project for eight A-level students.
- Co-developed a PPI educational module for the King's College London undergraduate psychology course through the [Service User Research Enterprise \(SURE\)](#) and delivered seminars.
- Led Psychology Oral Presentation Skills Classes to undergraduate students at Bangor University. Ran three 1-hour weekly classes of 25 students during each academic year.

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## Presentations, Posters and Public Engagement

- [Cambridge Science Festival, Cambridge 2026](#) - Organised lab attendance and public activities.
- [SIRS Annual Conference, Florence 2024](#) - Poster presenting results from the remote CR study.

- [BABCP Annual Conference, Cardiff 2023](#) - Poster presenting results from the remote CR study.
  - [SLaM Recovery College, London 2022](#) – Presented progress on the remote CR study.
  - [UKABIF Coming Out of Covid Conference, Online 2021](#) - Presented MSc dissertation findings.
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## Publications

- Belcher, H. L., **Parri, L.**, Kilcoyne, I., Evans, J., Da Cunha Lewin, C., Lau, R., & Wykes, T. (2025). Feasibility and potential effects of a Combined Money Advice and Psychological Therapy Intervention Within NHS Talking Therapies Services. *BJPsych Open*. [DOI](#).
    - Data curation, Formal analysis, Validation, Writing - review & editing
  - **Parri, L. A.**, Barret, K., Hill, R., Hoque, A., Isok, I., Kenny, A., ... & Cella, M. (2024). Evaluating the acceptability of remote cognitive remediation from the perspective of psychosis service users. *Behavioural and Cognitive Psychotherapy*. [DOI](#).
    - Data curation, Formal analysis, Investigation, Resources, Validation, Visualisation, Writing - original draft, Writing - review & editing
  - Zahid, U., Lawrence, E. G., de Freitas, D. F., **Parri, L. A.**, Quadros, W., Hua, P., ... & Bhui, K. (2024). Understanding psychosis complexity through a syndemic framework: A systematic review. *Neuroscience & Biobehavioral Reviews*. [DOI](#).
    - Validation, Visualisation, Writing - review & editing
  - Cella, M., **Parri, L.**, Wang, K., Quinn, R., Oyeleye, O., Jin, H., & Wykes, T. (2024). Evaluating remote delivery of cognitive remediation in people with psychosis. *Schizophrenia Research*. [DOI](#).
    - Formal analysis, Validation, Visualisation, Writing - review & editing
  - Lewin, C., **Parri, L.**, Hudson, G. (2023). "Anorexia-lite": the dangers of weight classification in diagnosis. *The Lancet Psychiatry*. [DOI](#).
    - Investigation, Writing - review & editing
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## Skills

**Research delivery, and participant engagement** - Recruitment, participant retention, adverse event reporting, study coordination, documentation.

**Quantitative, qualitative, and review methods** - Systematic reviews, meta-analysis, semi-structured interviews, statistical analyses, good data practices.

**PPIE and person-centred research** - Forming and facilitating advisory groups, lived-experience consultation, stakeholder engagement, and PPIE-informed design.

**Tools and dissemination** - R, SPSS, STATA, NVivo, Rayyan, Qualtrics, academic writing (English and Welsh fluent), and accessible public-facing outputs.

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## Awards and Funding

- ESRC CAM-DTP full doctoral studentship, University of Cambridge.
- School of Biological Sciences Participatory Research Fund award (£580).
- KCL Employee Recognition Award (£1,000).
- James Pantyfedwen Foundation Grant (£5,000).
- Bangor School of Psychology Achievement Scholarship (£1,000; awarded to the top ten graduates).